Mi’kmaq people have lived in this area from more than 11,000 years. While many histories are written only from historical documents, understanding our past and our homeland requires the understanding of many kinds of information. In the past, Mi’kmaw people learned about their culture and history through stories and legends. These oral (spoken) histories are very important to understanding our past. In addition, because our history is so old, we use sciences like archaeology and geology to help us tell our stories. At Dalhousie University, we are on traditional Mi’kmaq territory and are thankful enough to be able to have Elders from nearby communities participate in “Elders in Residence” programs. They carry a large amount of knowledge of our stories and legends that help put all the pieces of the puzzle together into a picture we can call our own.

In 1993, Premier John Savage and Mi’kmaw Grand Chief Ben Sylliboy declared October as “Mi’kmaq History Month”, the official month to recognize and celebrate Mi’kmaw culture and heritage. We invite everyone to join us in the celebration of our local Indigenous culture and heritage. Several on and off campus events are planned throughout the month of October for faculty, staff and students to attend. They are as follow:

- **October 8, 2019** – Gerald Gloade “Celebrating Mi’kmaq History Month” (Keeping our Stories Alive) from 6-8pm @ Millbrook Cultural Centre. Free admission with limited free transportation for up to (11) RSVP to Arthur.stevens@dal.ca

- **October 15, 2019** – Blanket Exercise and talking circles from 11am-2pm. Open door, everyone welcome! Location Riverview room, Jenkins Hall.

- **October 22, 2019** – Mi’kmaq Language “Lunch N’ Learn” with Shirley Denny from 12-1:30pm in Multi-cultural space/NCTR room Student Learning Commons. Open door!

- **October 30, 2019** – Traditional Mi’kmaq Feast with Traditional Mi’kmaq Dancer Jaici Syliboy from 12-2pm in Riverview room, Jenkins Hall.

For more information about these events please contact Arthur Stevens, Manager of Indigenous Students at; Arthur.stevens@dal.ca or 902-956-9270
For a list of other events throughout the Province please visit; https://mikmaqhistorymonth.ca

Written by Aiden Mesher
Letter from the Editor

Welcome back to another year, Aggies! My name is Maddie Empey and I will be your Golden Ram editor for 2019/2020. I am in my final year of Bioveterinary science, I love frogs, and I love writing (which is great for this job). I am really excited to do the Golden Ram this year and write about our wonderful campus. I have many ideas for this year and I hope you like them! I am very easy to talk to, so feel free to approach me about anything you want to see in the Golden Ram. You’ll often find me working in the library or taking a little snooze in a corner somewhere. If you need to talk to me but can’t find me, send me an email at maddie.empey@dal.ca.

I am really looking forward to a great year learning about different students and advertising special events at the AC and in Truro. It’s going to be a great year!!

Interview with Dean Gray

“What do you hope for students this year?”

“First and foremost it’s always about the students. I’m hoping that students enjoy their time and have a good experience. Obviously to enjoy their academic programs and to support them through that. But I suppose at the same time I want to ensure that they have the opportunity or take the opportunity to embrace some of the extracurricular activities as well. Really get to enjoy the campus and enjoy their time at university and meet other people. You know one of the great things about university is you get a chance to meet people from other places, all over the world and not just across Canada, so it’s a great opportunity to learn by acquaintances and learning different cultures and really try to immerse yourself in it. You don’t know this now but in the future you’ll look back on your university time as being kind of the best time you’ve had. Try to take up the opportunities that arise both on campus but also the opportunities to travel abroad as they arise. There are multiple opportunities to travel to various places around the globe.

“What piece of advice would you give to students?”

“A piece of advice to give the students is to try something new and try something that gets you out of your safety zone or something that changes you and pushes you, something that you’re not necessarily comfortable with. Try and get out of that comfort zone and try to do things that are going to broaden your experience and broaden your vision because I think that’s part of what university is about. It’s developing and producing these well-rounded people that not only have a very good academic grounding but actually have a really good idea as to how they can benefit society.”
Interview with DASA President, Lenka Wicha

“What’s an event you’re looking forward to?”

“I really like College Royal because I like having my own chicken and I named her Becky again this year and I love her because of that. You know I find College Royal is always a really awesome event just because for people that have never dealt with animals before it’s a really interesting experience to introduce them to that. College Royal was the first time I ever touched a cow or touched a sheep”.

“What are you excited for this year?”

“I’m excited for this year is to have a great year with all the new students. I’m trying not to say just generic things haha. I’m excited to be president this year. I feel we can do some awesome new stuff. We’ve already got a leadership conference that we’re planning. So that’s really awesome. I’m really excited to bring that to Truro so it’s not just on the main campus. It’s a lot of work but it's a lot of fun work”.

“What is something that really helped you as a student?”

“Honestly getting enough sleep. That’s the key thing. Even if I’ve got assignments and stuff to do like I need to try and get eight hours of sleep or go to bed early because if I’m not functioning during the day and I’m tired. No, can’t do it haha. And going to class”.

Be sure to follow DASA on social media to stay up to date with all the fun events and house challenges for this year

Dalhousie Agricultural Students’ Association

@dasa_ac
Meet Your Student Representative Council

**Environmental Science Representative:**
Katelyn Stokes

**Graduate Student Representative:**
Patrick Hennessy

**Bioveterinary Science Representative:**
Rebecca Gray

**International Food Business Representative:**
Arthur Dodsworth

**Animal Science Representative:**
Ila Matheson

**Plant Science Representative:**
Luci Ellis
Congratulations to everyone who got elected!! (which was everyone) woot woot!

Engineering Representative: Keagen Levangie

Dairy Business Management Representative: Nicolle MacDonald

Mature Student Representative: William Coney

Athletic Student Representative: Jillian Ferguson

Athletic Student Representative: Xenna Mazal

First Year Student Representative: Katherine Meagher

Agricultural Business Representative: Sam Dykeman
Chapman House

Hello Aggies! Chapman house has a full vacancy this year, and we are excited to make this year one to remember. As a house, we are egger to create a sense of community within the campus and community at large through a variety of stellar events. From providing some snacks after pub, planning a harvest festival/bonfire, attending intramural sports, to hitting up the haunted corn maze, Chapman house is off to a busy start and we are looking forward to seeing the direction the semester takes us. With all these events, we as a council need to ensure we have the maximum man power, therefore we are still seeking out a secretary to join our amazing executive team! In addition, everyone is welcome to join the council to collaborate and brainstorm some awesome and creative events, ideas, and activities. So, buckle down, join the spirit, and get involved within the house to reclaim the House Trophy and make the 2019-2020 school year one to remember!

Trueman House President,
John Ogilvie

Fraser House

The year has begun, and Fraser is looking forward to a busy semester. We have lots of events in store for the house including Halloween door decorating, the haunted corn maze and many more. More information about these events will be available as the time rolls on. We just had elections to fill out the rest of our vacant house council positions and I would like to congratulate everybody who has won! I look forward to a great year here at Fraser and taking home the House Cup for the second year in a row!

Townhouse

Hello Townhouse, hope you are all enjoying the start of your fall semester. This is Macy Penney Cameron, and I will be your Townhouse President this year. This is my second year in the position, and I know we have lots of fun activities ahead of us. If you ever have any questions or suggestions feel free to reach out to me! Aside from orientation, there have been a few house challenges so far including house soccer, trivia, and points given for attendance when supporting some sporting events. Townhouse in the past has been a top competitor when it comes to house points and I would like to see us get the trophy this year. All of this information should be posted on our Facebook page. In case you don’t follow the page already it’s DAC TOWNHOUSE GROUP. Campus is always more fun when the town Cats come to play.

Truman House

This month the focus has largely been on getting new students settled in and forming our new house council. We finally held our elections on Friday the 20th after some minor setbacks and have most of our council positions filled. So far, house points have been going exceptionally well for Trueman house; and we’re holding even with the other houses. Our first years managed to win the haybale challenge (2 years running!) and we recently won the soccer intramurals. Next month is still a complete surprise; more will be known once we get organized with our house council, however we intend to have plenty of fun events to keep people occupied.

Cricket the Cat is cheering townhouse as she is their mascot this month
Make sure to come out to DASA events to win points for your house! The house with the most points at the end of the year wins honor... glory.... And the prestigious House Cup!
Hello!!! I’m writing from the Global Student Community! We are all about learning each other’s cultures and countries! In our first meeting we came up with a list of ‘to do’ events such as potlucks (every second Wednesday), whale watching (coming right up!) and visiting the sugar moon farm. This year, we are going to collaborate with other clubs on campus to involve and get to know more people! We went to Dempsey Corner Farm and Apple picking with DAAGS and IFB club earlier this month already! We have more winter-related activities lined up for winter semester! But we’ll get to that when the semester comes around. If you are interested to know more about our club and join us for our potlucks, contact Jan Kajkowski (jn854741@dal.ca) or myself, Lee Sin Yee P.S. All is welcome! Not just international students!

The Aquaculture Society

The Aquaculture Society started out with a splash! With over 45 members, the group has various opportunities for participants. Members participated in a beach clean-up in Malagash over the weekend. An excess of debris was accumulated on the beach following hurricane Dorian. Members collected debris from shellfish farms, fishing gear and recreational cottages. “It was rewarding to have the volume of debris removed from the marine ecosystem”. Members have been actively volunteering in the Aquaculture Centre feeding and measuring fish and have obtained their Aquaculture Training Certificate. Students are planning on visiting a farm to vaccinate fish this fall. There are opportunities to attend aquaculture and fisheries conferences. We are currently looking into setting up an Aquaponics system! New members are always welcome.

Dal ACTS – Come Join Our Adventure!

The Dal AC Theatre Society is in full swing getting ready for our next play in March. We will be performing “The Seussodyssey” by Don Zolidis (author of “Game of Tiaras” and “The Brothers Grimm Spectactulathon”). This exciting mashup of Dr. Seuss and Homer’s Odyssey takes us on a whirlwind tour of this epic tale, complete with amazing visuals and non-stop action.

Interested in taking part? We still have spots available for cast members – meetings this semester are Tuesday evenings at 6 pm. Rather work behind the scene? We always need crew members for roles like set design, hair/makeup, and fundraising/promotion. We are also still looking for a stage manager for this production. Contact Director Joye Sears (joye.sears@dal.ca) to sign up or just get more information.

The Rotaract Club

This is the Rotaract Clubs first year on campus! This club is a great way to get involved and make a difference in the local community! So far this year we have put on a Bollywood event boasting lots of delicious food and amazing dancing. We are currently looking into setting up a regular time to volunteer with the food bank and will be participating in the Christmas Index program later in the year. We also work on global initiatives such as the Purple Pinky Program which fundraises for polio vaccinations for children internationally and will be kicking off during October. If you have been looking for a way to get more involved on campus and feel more at home in Truro this club is perfect for you!
The Judging Team

The Judging team here at Dal AC is one of the longest standing clubs on campus. Judging is a great opportunity for anyone looking to improve speaking, critical thinking skills and agricultural knowledge. In Judging we learn about various types of livestock, feeds, foods, crafts and much more. There are many class types, mostly revolving around agriculture, so this is an excellent way to gain experience in this area.

Our home competition is the Maritime Intercollegiate Judging Competition (MIJC) that takes place every year in March. This competition consists of both livestock and non-livestock classes and is open to team members and others on campus. There are other competitions across Canada that are optional to travel to in second semester and are always great fun.

Judging requires no experience as we will go over everything you may need to know for the competitions. We will do clinics at regular meetings and travel to farms as a group to look at different species of livestock. We are looking forward to having another great judging season!

The Engineering Society

The Engineering society is excited to begin another year here at the Dalhousie Agricultural Campus. We have chosen our executive and allocated many enthusiastic volunteers to our various positions. Having completed our initial meetings, we’ve begun planning for the year to come. This includes composing a list of our goals and objectives for the upcoming year. This list includes sending more students to various conferences and competitions, hosting discipline/jobs fairs for engineering students, fun and inventive fundraising initiatives, better communication/teamwork in completing society responsibilities, better communication with engineering students, and more. Our society is excited to announce we will be sending our co-presidents John Ogilvie and Hayden Yorke to the annual Canadian Federation of Engineering Students President’s Meeting in Kelowna, British Columbia. This should provide them with an excellent opportunity to talk to and learn from various other society representatives from across Canada.

World University Service of Canada (WUSC)

Hello Aggies!

WUSC is a non-profit organization with the vision of supporting international development with the mission to improve education, employment, and empowerment opportunities for youth. Our Local Committee at Dal AC is involved with fundraising, raising awareness, and volunteering in the community.

WUSC has started off great this year and has had a great group turnout so far. The club has already taken part of some events to make the world a better place. Such as the Climate Strike on September 27th to ask our community leaders to take a stand for our environment. WUSC also took part in Ride for Refuge on October 5th, an annual walking/biking/running fundraiser to support those who are vulnerable and exploited. It was a gorgeous day for a walk and for raising money for those in need. If you are interested in taking part of our fun activities.

If you are interested in taking part of our fun club, follow/send us a message on Facebook, “WUSC Local Committee at Dal AC” or email Maddie.empey@dal.ca
New course offered by Extended Learning: Cannabis Production & Management
12 week online course running October 28, 2019 – January 24, 2020

This online non-credit course will provide advanced knowledge and selected skills sets for mid to upper-level production jobs in commercial growing facilities. Students will cover critical aspects of the cannabis industry, cannabis products, workplace requirements, crop management, quality control/quality assurance, harvesting, processing, and waste management. Specific applications to cannabis facilities and workplaces will be a major focus of the course.

Visit dal.ca/exl or email colette.wyllie@dal.ca for more information!

AggieWIL

This past summer 44 students participated in one of 4 summer internship courses. For some of them, an internship is required for their program, and for others they chose the elective course. The important thread that binds them together is what they gained from the experience.

Experiential and Work Integrated Learning have been in existence for quite some time, but now universities are realizing that it should be intentional, instead of accidental. Here at the Faculty of Agriculture, any student can access what AggieWIL has to offer. And, the offerings are very intentional.

During the fall term, there will be resume, cover letter, and networking workshops and opportunities for students to gear up for summer internships, careers after graduation, and even landing a part time job to help with school costs. Then, in the winter term there is an opportunity to have your resume reviewed by an RBC professional, in a 15-minute one-on-one session. The month of February brings the Annual AggieWIL Fair, when employers come to the Student Learning Commons just to connect with you, the students. If you have suggestions for employers that you would like to see invited, please contact Joy.Galloway-Jones@dal.ca. Summer offers for credit internship opportunities for any student at the AC, with AGRI 2001.

For more information on any of the AggieWIL offerings, drop by Haley 268, or email Joy.Galloway-Jones@dal.ca. Pay attention to the screens around campus, and check in and like the AggieWIL Facebook page that lists opportunities for part time, full time and summer employment! Most importantly, stay tuned and get engaged in your future!
**Cultiv8 Sandbox** is part of your Dalhousie extracurricular campus experience. We bring innovation to students through unique, collaborative and dynamic programming. Our students discover, create and innovate (and have fun doing it). AC students emerge from the sandbox equipped to impact their world. It matters because we’re faced with big problems, and we need to fill our future with creative solvers.

**FALL 2019 Programming -**

**INTRO**
Selected students will develop proficiencies in those competencies most desired in the 21st century workforce: communication, collaboration, creativity, and problem-solving. These experiences will grow your network, they will introduce you to other disciplines, cultures and mindsets, and they will open you up to creativity and innovation. Not to be missed!

**DESIGN**
This introduction to Design Thinking is the brainchild of a collaboration between IDEA and Cultiv8 Sandboxes. For eight Tuesday evenings from September 17th - November 5th, students board a bus at the Dal AC @4:30pm bound for Halifax. Weekly, 16 Dal AC students travel to the IDEA maker space, connect with Dalhousie Engineering students and NSCAD students over supper, participate in dynamic experiential programming, and get back to Truro in time for Bed.

While learning this Human-Centred approach to problem solving, teams of 4 students will focus on the creation and development of Board Games. At the end of the 8 weeks, teams could win the opportunity to further develop their GAME - the next level of innovation - All at no cost!

**TOOLBOX**
This adventure-based creative problem-solving series is a cross-collaboration mash-up brought to you by Cultiv8, IDEA, and Surge Sandboxes. For 4 Thursdays from September 26th to October 17th, 8 Dal AC students will be transported to meet up with 16 students from Surge and IDEA Sandboxes. Students hang out over supper and then participate in unique adventure-based experiential programming!

Once programming begins, students will engage in Orienteering, Paintball, Survival Skill-Building, and an ESCAPE ROOM! - All at no cost!

**CREATIVITY SERIES**
To include students who cannot manage the commitment of DESIGN and TOOLBOX, Cultiv8 will be bringing smaller pieces of collaboration, communication and creative problem-solving to students via art, improv and community drumming. Still in the works, stay tuned into our social media to sign-up when details are provided.

Follow us to stay informed of opportunities as they arise. Get involved!
The breast cancer death rate has dropped by 44% since the late 1980s.

The current 5-year survival rate is now 87%, due in large part to research advancements that have improved early detection, diagnosis and treatment.

**But there’s still more work to do.** Breast cancer continues to be the most commonly diagnosed cancer and the second leading cause of cancer-related death among Canadian women.

1 in 8 Canadian women will be diagnosed with breast cancer in her lifetime.

An estimated 26,300 Canadian women and 230 men will be diagnosed this year. That’s 72 women every day.

Let’s work together to create a world where no Canadian fears breast cancer.

Welcome to Health Services Dalhousie Truro Campus September 2019

We provide health care and act as your “family” physician office while on campus. We provide confidential, student-centered health care, including comprehensive medical care, counselling, and referrals. Patients must be Dalhousie University Truro Campus students. Even if you opt out of the Dalhousie student drug/insurance plan you are still welcome to see our dedicated team of physician & nursing staff. We are a division of the larger Student Success department, all of which are located in the Dairy Building at 11 Sipu Awti beside Cumming Hall.

Privacy Statement - All patient information is kept strictly confidential within Health Services.

• By appointment or by chance Nursing Staff are available: Monday – Friday; 830am-430pm

Services:
Nursing Assessments (including minor illness assessment & treatment i.e. urinary tract infections; strep throat)
Health Counselling
Health Education
Urgent First Aid (lacerations, burns, sprains, etc.)
Birth Control (BCP – initiation)
Pregnancy tests
Plan B (Morning after Pill)
Sexually Transmitted Infection (STI) testing & treatment
Immunizations (Boosters / Annual Flu Immunization)
Coordination of referrals to other allied health pros (MD, physio, dentist, psychology, etc.)
Med. Equipment Loan

• Physician Wellness clinic : By Appointment only; once per week; Mondays; 830am-1230pm (call 902-893-6369 / 902-893-6300 or email Carolyn.bartlett@dal.ca / Kristine.car@dal.ca for an appointment with the physician)

Services:
Medical Assessments & treatment
Referral to medical specialists

Please bring your provincial health card and/or any additional insurance cards with the policy number (Dalhousie’s health dental plan or other plan i.e. Medavie Blue Cross, Manulife, Sunlife, etc.) when you come to health services for the first time.

See our website for more information:
https://www.dal.ca/about-dal/agricultural-campus/ssc/health-wellness.html
Flu Season is Coming: Be Prepared #GetImmunized

Influenza, or the flu, is a highly contagious and infectious respiratory disease.

What are the symptoms?
The flu causes fever, sore throat, tiredness, sneezing, coughing, watery eyes, nausea, vomiting, and muscle pain. Complications of the flu can result in trouble breathing, convulsions, seizures, and pneumonia.

How is it spread?
The flu can spread through coughing and sneezing. You can become infected by coming in close contact with someone sick with the flu. You can also become infected by touching objects that someone with the flu has touched, and then touching your eyes or mouth.

Actions to protect against the Flu

The best way to prevent seasonal flu is to get vaccinated every year, but good health habits like covering your cough and washing your hands often can help stop the spread of germs and prevent respiratory illnesses like the flu.

• Avoid close contact with people who are sick. When you are sick, keep your distance from others to protect them from getting sick too.

• Cover your mouth and nose with a tissue when coughing or sneezing. It may prevent those around you from getting sick. Flu and other serious respiratory illnesses, like respiratory syncytial virus (RSV), whooping cough, and severe acute respiratory syndrome (SARS), are spread by cough, sneezing, or unclean hands.

• Washing your hands often will help protect you from germs. If soap and water are not available, use an alcohol-based hand rub.

• Germs are often spread when a person touches something that is contaminated with germs and then touches his or her eyes, nose, or mouth.

• Clean and disinfect frequently touched surfaces at home, work or school, especially when someone is ill. Get plenty of sleep, be physically active, manage your stress, drink plenty of fluids, and eat nutritious food.
Ziel Jones is from Halifax, Nova Scotia. She is currently in her 3rd year of BSc Animal Science and this is her first year being a Peer Educator on the Dal AC Campus. She is excited to meet new and current students on campus and looks forward to having a great year! Ziel's hobbies include running, horseback riding and dancing.

I’m Sarah Thomson and I am a 3rd year Animal Science major from New Brunswick. I am also one of two of your Peer Educators for this school year! I’m very excited for what this year has to bring and for all of the great events that we are in the middle of planning right now. Some of my hobbies include hiking, kayaking and spending time with my dog.
**Brain Break**

**THE BARN - OCTOBER**

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**HIGH SCHOOL**

![Comic Strip: High School Advice](image)

*These are your best years! Enjoy life now before you get to the "REAL WORLD!!"

Ahh, to be so young and care-free...

You'll miss these days!

“REAL LIFE”

Do you ever think I get nightmares sometimes, but they’re ending...

© Sarah Anderson
FIND THESE WORDS

MONSTER
HALLOWEEN
SCARECROW
HARVEST
HAY
OCTOBER
SPOOKABLE

BATS
CORN
SKELETON
WITCH
VAMPIRE
MUMMY
WEREWOLF
ZOMBIE

NOAXA AWEREWOLFE
SEZCKLBSPWLRSDI
TKEWZLOMBMARB
KSEWNRUXACKLFM
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ZFERIPAVNRPIE
HRDWLNGMUMMNYNWI
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TIHAUMVGCOCSYVUL
I just like trying a lot of different things. Being versatile is really important because if you’re just interested in one thing or even worse, you’re not interested in anything, that’s never fun. I think that art says a lot about the person. In my opinion, any art you create will show how you’re feeling on the inside, whether you realize it or not. So often if I’m sketching or something and I end up drawing something like really angry or really sad, I’ll figure out that I’m feeling that way too without even realizing before that. It’s like a universal language and it’s, I hate to say, a picture is a thousand words. I like that it can be interpreted in as many ways as you want and then you get into the psychology of it and you start to project. Like you see what you want to see in it. And so it’s telling you things, but it’s like what you really want to know. Which I find really awesome because it’s almost like a form of therapy, I guess you could say, in an abstract way.

I grew up outside of Halifax so moving to Truro was my first time away from home and I’ve been here for about four years now. Coming to Dal AC was my first introduction to agriculture and over my time here I’ve had incredible opportunities to work in amongst the animal units on the farm. So I’ve worked at the Canadian Center for Fur Animal Research and now this school year I work at the Poultry Research Center and at the RAC. I find a lot that my workplace is like an outlet for me to experience and to learn more about what I’m passionate about and I think that’s definitely working with livestock animals and learn more about welfare and husbandry and whatnot. I love my work through working here and this year I think I’ve really prioritized spending more time with people that I love and who make me happy whether it be my family or my friends. When I’m not doing schoolwork or working I kind of like to just get out and spend a lot of time outdoors and my boyfriend I always go for hikes and go for walks. Hopefully the grand plan is to go to vet school but if not I’d like to maybe do my masters and then after that I really just want to travel. I really want to see my own country and go out west and go up north and I’d like to visit Europe or go down South. So any opportunity that comes along that I can learn about another culture. It’s something that I think that’s also a passion I guess is to experience new things. That’s my dream, that’s my plan.

Long term sort of career type goal for me is to work on making mathematical models for various agricultural and environmental problems. So that’s why I’m working on a bioinformatics project right now. Cataloging the different taxa of soil microbes, mostly like fungi and bacteria associated with wild blueberries. In general I like coming up with adaptive cultural solutions for a post-climate change world. It’s what has inspired me to come back to the world of academia, so to speak. Back in the Old Country, I was working for the Dallas public library system for years, and you see I’ve returned again to the library. It haunts me wherever I go. I thought I wanted to be a librarian but the bureaucracy of the library system slowly brought me and everyone else down. I kind of started thinking that maybe going back to school and become an agricultural scientist. I’ve been interested for a while in the environment and gardening and farming and my previous undergraduate work was kind of on the economics and history of farming. So I came back to that.